

# YAS TEACHER TRAINING PROGRAM-2010

## Application Instructions:

**Application and Full Tuition Deadline:** 2 weeks prior to training.

**Application Requirements:** Application will not be considered complete, and therefore not considered for acceptance, without the following attachments:

- A. List training date you would like to attend.
- B. Completed application form.
- C. Two current letters of recommendation (one from a yoga or spin teacher and one from a non-family employer or mentor).
- D. A recent photo of you alone.
- E. Full tuition of \$1750.

**Tuition Discounts:** Tuition of \$1250 (save \$500) for payment & application materials received by 1-month prior to start of training.

**Tuition Payments:** All applicants **must pay their full tuition** by 2 weeks prior to start of training. You can pay by credit card on line ([www.go2yas.com](http://www.go2yas.com)) or write a check payable to **Kimberly Fowler Inc.**

**Submissions:** All materials **must** be submitted at once. Enclose application items **A through E** in an envelope and send or deliver to the YAS Fitness Center front desk, addressed as follows:

YAS Fitness Center  
Attn: Sherri Rosen General Manager  
Teacher Training Program  
1101 Abbot Kinney Blvd  
Venice CA 90291

**Physical Requirements:** All applicants must have a consistent yoga and spinning practice. It is strongly recommended that applicants have attended YOGA for ATHLETES® classes and YAS indoor cycling classes at YAS Fitness Center so that they are familiar with the YAS style of teaching. A current, on-going practice at YAS Fitness Center is **strongly** recommended for those applying to YAS Teacher Training Programs. (Priority of acceptance will be given to students currently practicing at YAS)

1101 abbot kinney blvd, venice CA 90291 310/396-6993 [www.go2yas.com](http://www.go2yas.com)

Please provide the following information and answer questions 1-6:

- Name
- Address
- City State Zip
- Home phone
- Work phone
- Mobile phone
- E-mail address
- Date of birth

1. Are you currently teaching Yoga or Indoor Cycling? Where and when, if any, did you receive certification as a yoga or spin teacher? Where else have you taught?

2. What is your Yoga and Indoor Cycling background and experience (including at YAS)? How many years you have been practicing yoga and or cycling? Please list in detail: School/Style, Teacher's, Number of Years.

3. What is your educational and professional background?

4. Why do you want to take this YAS Teacher Training Program?

5. Please describe any special medical concerns you have.

6. Do you currently practice Yoga and or Indoor Cycling at YAS? If so, with whom and when do you practice?

YAS Fitness Center Teacher Training Certification Application Form
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